

*A relationship building group held weekly for mothers and young children who have experienced family violence*

- **Have you experienced family violence?**
- **Do you have an infant or toddler aged four years or less?**
- **Do you find your experiences make parenting and bonding with your child challenging?**



*Caroline Chisholm Society, supported by VincentCare, is running a Children and Mothers in Mind program to provide you and your child support to overcome hurtful experiences, enhance your parenting skills, strengthen your relationship with your child, and reduce parenting stress.*

**Commencing**

Wednesday 4<sup>th</sup> October 2017

Thursday 5<sup>th</sup> October 2017

Light refreshments provided  
**Shepparton at African House  
Cobram**

**For more information contact us on  
(03) 5821 0826 or [CMiMgv@caroline.org.au](mailto:CMiMgv@caroline.org.au)**