

Goulburn Valley Pregnancy and Family Support Service

For free and confidential information
and support visit us at

15A St Andrews Road, Shepparton

Tel: (03) 5821 0826

**Young children?
Pregnant?
Stressed?**



**Caroline
Chisholm**
Society

Goulburn Valley Pregnancy and Family Support Service is a not for profit organisation that relies on volunteers and community support to provide a range of services to pregnant women and their families.

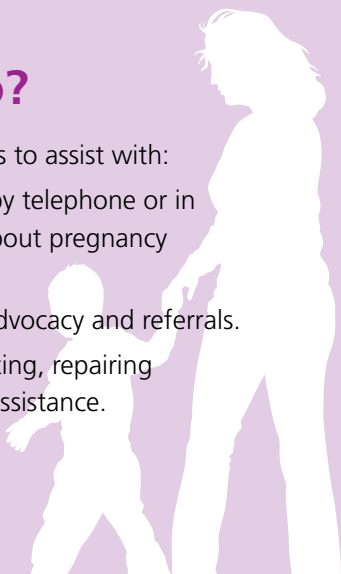
How can you help us?

- Becoming a volunteer.
- Donating good, clean baby and maternity clothing, bedding and nursery equipment for our material aid service.
- Becoming a Friend of GV Pregnancy and Family Support Service.
- Making a financial contribution:
Donations of \$2 and over are tax deductible.

What do our Volunteers do?

Volunteers are trained by us to assist with:

- Offering a listening ear by telephone or in person that is positive about pregnancy and young children.
- Providing information, advocacy and referrals.
- Collecting, cleaning, sorting, repairing and delivering material assistance.
- Joining the committee.
- Fundraising.



All services are free and confidential

Goulburn Valley Pregnancy and Family Support Service provides a free and confidential service to mums, dads and families with issues surrounding pregnancy, material aid and other issues.

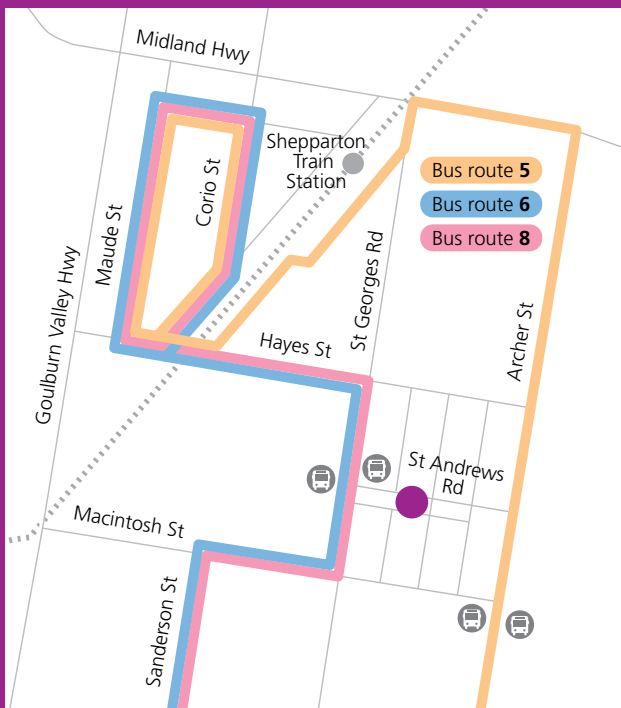
Support services

- Welfare appointments with qualified staff.
- A listening ear from trained and caring volunteers.
- Telephone and face to face family support.
- New and preloved baby and maternity goods.
- Referral to non-directive counselling by appointment to support you with:
 - Pregnancy loss, grief and questions pre and post termination, and
 - Family counselling.
- Information, advocacy and referrals.

Material assistance

- Babies/children's clothing up to size 6.
- Maternity Clothing.
- Bedding for bassinets and cots.
- Nursery equipment such as bassinets, prams, car seats, rockers, baby baths, change tables and high chairs are lent out to families in need.
- Due to safety laws we are unable to assist with walkers, porta cots, cots and cradles.
- Donations are always welcome.

Caroline Chisholm Society also offers a toll free pregnancy counselling service.
Tel: 1800 134 863



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Society**

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